

# ***News From The Northland***

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October—December 2019



[www.holsg.org](http://www.holsg.org)

## **Tuesday, November 12, 2019: 7:00 PM : Open Discussion**

Open discussion for issues, topics, questions, or concerns that need to be addressed. Our meetings are set up to have a program every other month, and the next month to be an open meeting. This gives us an opportunity to share, ask questions, or discuss situations, news, or upcoming events

## **Tuesday December 10, 2019 7:00 PM: Open Discussion**

Due to scheduling, the Christmas Luncheon will be held January 4, 2019. As a result, we will hold a regular meeting in December. Open Meeting unless we get a speaker.

## **Saturday, January 4, 2020: Annual Holiday Luncheon**

Blackwoods Restaurant in Proctor is the location for our Annual Christmas Luncheon. It is a great time of year to enjoy family and friends. We plan on gathering at 11:30AM for the soup and sandwich buffet. The buffet will consist of prime rib soup, 3 deli meats, 2 salads, breads, and beverage. Cost is \$15.00 for adults and \$10.00 for children under 10. As usual, we will have the Susie and Laila Ticket Auction, so bring an item to donate for the auction, and make our auction a great fundraiser for our organization. **We need to reserve and guarantee seating so please send a check prepaying for the lunch and your RSVP to Glenn Peterson, 1365 White Pine Drive, Cloquet MN, 55720 by December, 30, 2020.**

## **Tuesday, January 14, 2020 7:00 PM Open Discussion**

Open discussion for issues, topics, questions, or concerns that need to be addressed. Our meetings are set up to have a program every other month, and the next month to be an open meeting. This gives us an opportunity to share, ask questions, or discuss situations, news, or upcoming events

***Meeting at Miller-Dwan Medical Center***

***502 E 2nd Street Duluth, MN***

***7:00 to 9:00 P.M.***

***Classroom 2 & 3 - Lobby Level***

Providing a loving, caring, educational network of support for those waiting or having received an organ/tissue transplant and their families. Web Site: [www.headofthelakesorgantransplantsupportgroup.org](http://www.headofthelakesorgantransplantsupportgroup.org)

**“News & Notes”**

**Happy Birthday and Best Wishes:**

Mary Hellman	Liver	10/18/2010
Jessy Wahlsten	Heart	10/25/2015
Jackie Jensen	Pancreas	10/27/2009
James Kimmes	Liver	10/28/1995
Don Nygaard	Liver	10/30/2000
Gary Minter	Heart	11/07/2015
Scott Severson	Heart/Kidney	11/11/2000
Richard Washburn	Kidney	11/12/1992
Gary Wise	Liver	11/15/1999
Pam Carlson	Kidney	11/20/1997
Barbara Brandon	Kidney	11/26/1988
Dan Spielman	Kidney	11/30/2010
Jean Specht	Liver	12/2/1997
Russ Grover	Kidney	12/04/2012
Gary Palkke	Kidney	12/10/1992
Ben Korteum	Liver	12/15/1985
Kathi Hein	Pancreas	12/26/2004
Kathleen Neal	Kidney	12/27/2001

News and Presentations:

**Presentations:**

September 22—Kathi Hein, Heart Walk.  
Kathi sends a thank you to the members who donated to the Heart Walk this year.

September 22 Tom Saburn, Hermatown Drivers Ed

October 8: Tom Saburn, Denfeld Drivers Ed

**Welcome New Members:**

Jan Kroll

Renee McAdamis

**Web News:** You no longer need to type the long version of our name to get the web. Just enter [www.HOLSG.org](http://www.HOLSG.org) to arrive! Visit the web for new developments. If you need an ID, contact Ton Griffin at [tgriffin00@chartermi.net](mailto:tgriffin00@chartermi.net)

## **Organ Donations From Overdose Deaths Could Alleviate Crisis:**

Around 20 people in need of an organ donation die every day waiting for a match. We need better solutions, but organ transplants come riddled with risks. Can donations from those who died of an overdose provide a solution, despite concerns around potential risks. Dr. christine Durand of the John Hopkins University School of Medicine has recently led a study focusing on less intuitive way of addressing this problem; optimizing organ donations from overdose deaths. Often such organs, especially liver and kidneys, are discards for fear that they may place the receiver at risk of chronic diseases such as HIV and Hepatitis. Yet Dr. Durand's research suggests that potential receivers face higher risks to their health while stuck on a waiting list. It has been found that the number of organs from overdose donors has increased 24 times more often since 2000. The data analyzed 138,565 overdose deaths, as well as 337,934 recipients available from 2000-2017. They found that the health outcomes of transplant recipients who accepted organs from these donors were no worse than those from healthy donors. In fact, the outcomes were sometimes better than patients receiving organs from overdose donors. It was noted that overdose organs had experienced less hypertension, diabetes, or heart attack. At the same time they had higher levels of creatine, a natural waste product of kidneys.

The study showed that recipients who agreed to accepting these organs had better survival rates than those who decided to not accept these kidneys. Although this is not an ideal or sustainable solution, it should help lower the number on the waiting list.

## **Top Ten U.S. Hospitals For Liver Transplants:**

**U.S. hospitals performed 7,127 adult liver transplants in 2015.** The list below is the top ten (in numbers) of the hospitals where liver transplants take place. This list was compiled by the Scientific Registry of Transplant Recipients from data supplied by the U.S. Organ Procurement Transplant Network.

New Orleans Ochsner Foundation Hospital, 213; University of California San Francisco Medical Center, 159; Baltimore's University of Maryland Medical Center, 153; Vanderbilt University Medical Center/Nashville VA, 149; Mayo Clinic Florida Jacksonville, 147; Emory University Hospital in Atlanta, 146; Indiana University Health in Indianapolis, 146; University of California at Los Angeles Medical Center, 146; Hospital of the University of Pennsylvania in Philadelphia, 142 and the University of Alabama Hospital in Birmingham, 140.

2015 was the first time in history that liver transplants exceeded 7000. This is due to the fact that there are more deceased donors, and an increase in the number of living donors. It is also noted that the waiting list has decreased for the first time. This is due to the new drugs available to treat Hepatitis C. However, in 2015 1,673 people waiting for livers died waiting for donors, and another 1,227 were removed from the list for being too sick to undergo lifesaving transplant.

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**Organ Transplant Immunosuppressant Drug Market To Reach \$5.88 Billion By2016:**

Growing patient population requiring organ transplantation and new products are the factors driving the market growth. Calcineurin inhibitors (Tacrolimous and Cyclosporin) inhibit the activation of “T” cells of the immune system by the enzyme calcinuurin. 85% of kidney transplants use tacrolimous, and kidney transplants are the majority of organ transplants. Asia Pacific regional market is expected to be the major contributor to the market. Rising health care expenditure, improving health care infrastructure and increasing demand for transplantations are contributing for the demand of immunosuppressants.

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